



What's The Buzz

Please make sure to check our school-wide Dojo, your child's class Dojo, and our school website to stay informed about events that are happening at Fair Garden. Please join our electronic platform: Fair Garden's Twitter:

https://twitter.com/fair_garden Thank you. 😊

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Important Dates:

- 1/7- Fair Garden Mid-Year Survey Due
- 1/7 Students' 2nd Nine Weeks Performance Reports Are Sent Home (Please sign and return these reports.)
- 1/17- Dr. King Holiday **(No School)**
- 1/24- KCS Family Advisory Council (FAC Meeting at 5:30 pm for Fair Garden Representatives)
- 1/25- Parent Engagement Opportunity With Dr. Burkley- "Help! My Child's Manual Is Missing: Decreasing Defiance Through Effective Communication"
- 1/26- KCS District Mid-Year PK Assessments End For Other Preschools
- 2/10- Spring Pictures (Pre-Pay Only)
- 2/11- King and Queen Money due to the front office by the end of the day
- 2/18- Black History Program and King & Queen Celebration (9:00 am)
- 2/21- Inservice Day **(No School)**
- 3/21- Parent Engagement Opportunity (Parents As Teachers- Time Management 6:00-7:00 pm)
- 3/25- Students' 3rd Nine Weeks Performance Reports Are Sent Home
- 4/13- PK4 Cap & Gown and Group Pictures
- 4/14- Fair Garden PK Round-Up

New Registrations Only For Fair Garden

In March, Fair Garden Preschool will begin taking applications for the 2022-2023 school year. Students must be 3 years old by August 15 and 4 years old by August 15. You must live in a Title 1 school zone. Current 3-year-old students should receive reenrollment forms from Fair Garden on **March 21**. Thank you.

A Note From Our Social Worker Deanna Gnage

The 3 Types of Touches

We just began talking about touching safety in our *Talking About Touching* lessons. The curriculum we cover identifies that there are three kinds of touches:

- **Safe touches.** These are touches that keep you safe and are good for your body. They make you feel cared for, loved, and important. Safe touches include hugging, holding hands, pats on the back, an arm around the shoulder, and a shot from the doctor.
- **Unsafe touches.** These are touches that are not good for your body and either hurt your body or your feelings. (for example, hitting, pushing, pinching, kicking, and touching the private parts of your body).
- **Unwanted touches.** These may be safe touches, yet the child doesn't want to be touched in that way, by that person, or at that moment in time. It is okay for a child to say "No" to unwanted touches. Children can say "No" to any unwanted touch, even if the person touching them is someone they know. Help your child practice saying "No" in an assertive yet polite voice. This will help children learn how to set personal boundaries for keeping themselves safe.

During classroom lessons, the children will learn the Touching Rule: "A bigger person should not touch your private body parts except to keep you clean and healthy." They will learn that *private body parts* are "those parts covered by a swimsuit." It is recommended that you teach your child at home the correct anatomical names for private body parts so that, if necessary, he or she can communicate accurately about any touching questions or problems that arise.

Thank you for being a partner in teaching safety to your child. I realize that touching safety is a sensitive topic, so please call me if you have any questions.

Deanna Gnage

(865) 257-5826



Positive Quote:



A Message from Mrs. Spikes

BEHIND EVERY YOUNG CHILD WHO BELIEVES IN HIMSELF IS A PARENT WHO BELIEVED FIRST. -MATTHEW LJACOBSON.COM

The first semester is now behind us and now we truly must buckle down to get our 4-year-olds ready for kindergarten. Thank you to every parent that truly understands the importance of attending school every day. Thank you to all the parents that completed our Mid-Year Fair Garden Parent Survey. The more we talk and read to our preschoolers the better listeners and readers they will become. 20 minutes of reading daily with your child or to your child impacts his or her reading ability.

I truly want the best for every student at Fair Garden. Parents, thank you for taking an active daily role in your child's education. An active role is making sure your child is attending school, attend parent conferences with teachers, reading with your child daily, checking backpacks, asking your child about his or learning each day, etc. Thank you for lighting a path for GREATNESS!

Warm regards,
Principal Spikes



Nurse's Notes



Did you know hand washing is the #1 way to prevent the spread of disease?

It's true! As we begin 2022, let's resolve to practice this healthy habit! Germs are all around us all the time. The simple act of handwashing can protect you and others from getting sick. Practicing handwashing with your children and setting a good example for them by washing your hands will help protect them for a lifetime!

For more resources visit: <https://sesamestreetincommunities.org/subtopics/handwashing/>



Thank you,

Nurse Amanda



TN Department of Health

COVID-19

What to Expect After Being Diagnosed with COVID-19

Isolate Yourself

If you have been diagnosed with COVID-19, follow the steps below:

- You must isolate for a minimum of 5 days after you become ill and may resume normal activities after you are without fever for 24 hours (without fever-reducing medication) and show improvement in symptoms.
- If you are without symptoms, you should isolate through 5 days after your specimen collection date.
- Regardless of symptoms, you should wear a mask when around others through 10 days after becoming ill (or

after testing positive, if you are without symptoms).

- Other members of your household should also stay home, and no visitors should be allowed.
- Stay in a specific room and away from other people in your home to the extent possible. Use a separate

bathroom, if available. Household contacts can consider relocating to a separate, uninhabited housing location if available to decrease their risk of exposure.

- Where possible, ask others such as friends or family, to get food or necessities for you.
- If you need to leave home, such as to seek medical care, wear a face covering if you have one.

Inform Your Close Contacts

- Your close contacts should quarantine according to TDH guidelines: www.tn.gov/content/dam/tn/health/documents/cedep/novel-coronavirus/CloseContactGuidance.pdf
- Close contacts include anyone that you were within 6 feet of for >15 minutes while feeling ill. Close contact is defined as being within 6 feet for at least 15 minutes. However, this depends on the exposure level and setting. The final decision on what constitutes close contact is made at the discretion of public health.

Monitor Your Health

- Get plenty of rest, stay hydrated and, if needed, take medication to reduce your fever.

Communicate with Public Health

- After your diagnosis, you may receive a call or text from public health for additional investigation. It may take a few days for public health officials to contact you, and they will ask about your activities before and after you became ill.

Arrange for Care

- If your symptoms get worse and you need to seek healthcare, call ahead and tell the provider that you have been diagnosed with COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed. Ask your provider if [monoclonal antibodies](#) or antivirals are right for you.

Practice Healthy Habits

- Wear a mask in public settings.
- Cover your cough or sneeze into your elbow or a tissue.
- Wash your hands often with soap and water for ≥ 20 seconds, or use alcohol-based hand rub.
- Clean and disinfect objects and surfaces regularly, including your phone.

Returning to Regular Activities

- Once you've completed your isolation period at home (minimum of 5 days after onset, without a fever for 24 hours and showing improvement in symptoms), you can return to your regular activities.
- CDC does **not** recommend retesting within 3 months after the first day you became ill from the initial COVID-19 infection: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/duration-isolation.html>

Learn More

- Tennessee Department of Health: www.tn.gov/health/cedep/ncov
- Centers for Disease Control and Prevention: www.cdc.gov/coronavirus/2019-ncov



COVID-19

What to Expect If You Were Possibly Exposed to COVID-19

12/29/21 – Revised timelines to reflect updated CDC recommendations

If you have been exposed to someone with COVID-19, follow the steps below to monitor your health and avoid spreading the disease to others:

How do I know if I was exposed?

- You generally need to be in close contact with a sick person to get infected. Close contact is defined as being within 6 feet for a total of at least 15 minutes within 24 hours (either consecutive or cumulative), regardless of whether masks were worn. However, this depends on the exposure level and setting. The final decision on what constitutes close contact is made at the discretion of public health. Close contact includes:

- Living in the same household as a sick person with COVID-19
- Caring for a sick person with COVID-19
- Being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on,

kissing, sharing utensils, etc.)

- Exposure includes close contact with a case two days prior to case's symptom onset (or specimen collection date if

case never experiences symptoms) through the end of the case's isolation period.

Communicate with Public Health

- You may receive a call or text from public health if you have been in close contact with someone with COVID-19. They will explain quarantine guidance and answer any questions you have. If you have any additional questions, contact your local health department.

Quarantine Yourself

- If you are unvaccinated, or you were fully vaccinated more than 6 months ago and you have not gotten a COVID booster shot, you should quarantine at home for 5 days after being exposed.
 - You should not go to work or school, and should avoid public places. If possible, get others such as friends or family, to drop off food or other necessities.
 - If you must be around other people during the 10 days following your exposure, wear a mask.
 - Monitor yourself for COVID symptoms.
- Watch for **fever, cough, sore throat, congestion, and shortness of breath** during the 10 days after the last day you were in close contact with the person with COVID-19. **If you develop symptoms, stay home**, you may have COVID-19.
 - If your symptoms are mild, stay home and monitor your health. If you need medical assessment, call the health clinic or hospital before you arrive and tell the provider that you are a contact to a person who was diagnosed with COVID-19.
- If feasible, get tested 5 days (or more) after your last exposure to a case.

Quarantine Exceptions

- If you have been boosted or recently fully vaccinated (within the last 6 months), and you are not experiencing symptoms, you do not have to quarantine.

- However, you should continue to wear a mask when around others through 10 days after your last exposure to a case, and (if feasible) get tested 5 days (or more) following your exposure, even if you are feeling well.

Practice Healthy Habits

- Follow all the appropriate social distancing recommendations.
- Wear a mask in public settings.
- Cover your cough or sneeze into your elbow or a tissue.
- Wash your hands often with soap and water for at least 20 seconds.
- Clean and disinfect objects and surfaces regularly, including your phone.

If symptoms develop, all people – regardless of vaccination status – should isolate and get tested for COVID-19.

Learn More: www.tn.gov/health/cedep/ncov or www.cdc.gov/coronavirus/2019-ncov

Revised 12-29-2021

Fair Garden will be having PK Round-Up for new students that are wanting to attend our school for the 2022-2023 school year on Thursday, April 14 at 4:00-6:00 pm at Fair Garden.



Current Fair Garden PK3 students will receive **re-enrollment packets** on **Monday, March 21, 2022**. These documents must be completed to be enrolled at Fair Garden for the 2022-2023 school year.





From the Fair Garden PTA:

We are so excited to be up and running! After our membership drive in November, we have done a Fair "Garden Day" to spruce up the front entrance area as well as provide a Staff Appreciation Breakfast, and we are so thankful for all families who have helped with those!

Looking forward... we are going to begin working on MANY exciting things like a Spring Carnival, selling t-shirts, Teacher Appreciation Week, more staff appreciation meals, a student yearbook, another gardening day, a food/clothing drive, and MORE!

The best way to help is by donating to Fair Garden PTA so we can make all of this happen. Donations can be monetary but they can also be items or food! If you can help, reach out to us by emailing us at fairgardenpta@gmail.com, or message us on facebook (@fairgardenpta)!

Again, thank you for all you do for our Fair Garden community! We are stronger together!

Thank you,

-Fair Garden PTA Officers, Allison Comer, PJ Hoskins, and Taurika Boateng

